



Parenting Special Children



2024 - 25

Impact Report



“

***The support I was
given was so
helpful. I felt that
I was listened to
and was given
some great
strategies to use.***

Thank you

”



Table of Contents



Message from Founder & CEO	04
Introduction	05
Our values	06
Who we support	07
Real Stories	08
Helpline & triage	10
Parents/Carers	12
Workshops & courses	12
Support groups	14
Trauma & Attachment Service	16
Workshops, courses & 1-1 support	16
Support groups	18
Children/Young People	19
Social Confidence Course, Mosaic Minds, Transition to Adulthood & A Team groups	20
Let's Get Creative	22
Professionals & Commissioning	24
Fundraising	26
Finances, Funders & Supporters	28
Behind the scenes: Administration	30
Staff, Volunteers & Advisory Boards	31
Looking to the future, Contact & Donate	32

Message from Founder & CEO

As I reflect on the 2024/25 academic year and the work of Parenting Special Children (PSC), I do so with deep gratitude. I am incredibly proud of nearly 20 years of supporting families, with 2026 marking PSC's 20th anniversary.

This year, we supported more families than ever before. While I wish the SEND landscape were less challenging for families, I am profoundly grateful for the remarkable team at PSC. Ninety-one per cent of our staff have lived experience, and they generously share both their personal insight and specialist knowledge to support families.

On a personal note, in 2025 I was honoured to receive an honorary doctorate from the University of Reading and to be invited to a very special visit to the Buckingham Palace Garden Party in recognition of the work Parenting Special Children has carried out over the past 20 years.

The year also marked an exciting moment for PSC with the launch of our refreshed branding and new website, which better reflect who we are and the families we support. The updated look and feel celebrate individuality, inclusion, and compassion, while helping us communicate our work more clearly and accessibly. We look forward to continuing to refine and develop the website throughout 2026.



Thank you for taking the time to read the Parenting Special Children Impact Report. Within it, you will find powerful stories and meaningful feedback from the families we support.

We are immensely grateful to everyone who supports PSC, from those who take part in Firewalks, Marathons, local business who support us to our local and national funders.

Thank you for making our work possible.

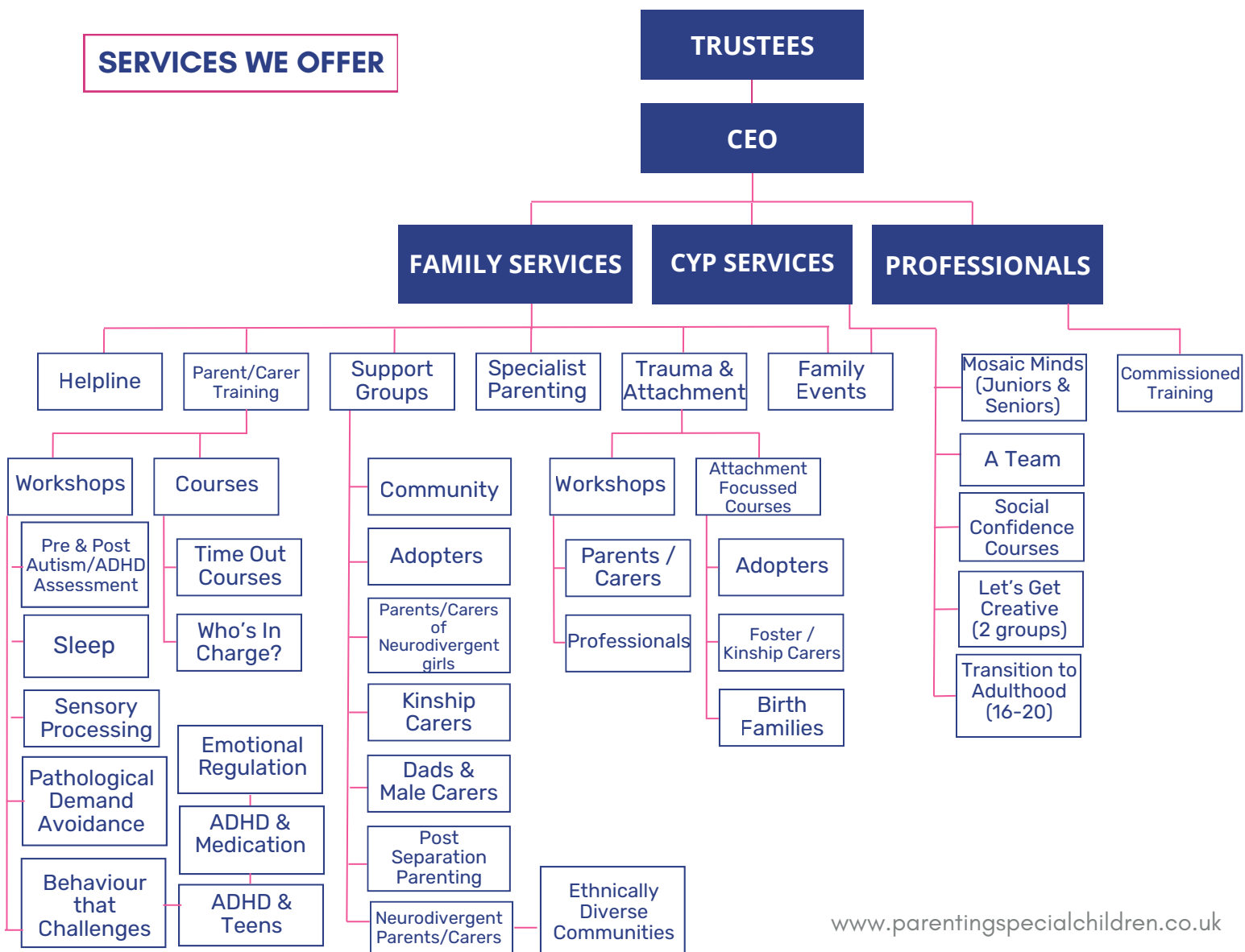
Ruth Pearce

Dr Ruth Pearce, CEO & Founder

Introduction

At Parenting Special Children, we bring our lived experience and professional knowledge to offer specialist information, expert advice and a compassionate listening ear.

Lived experience is at the heart of everything we do. At Parenting Special Children, 91% of us are parents & carers of neurodivergent children & young people, children with SEND or early life trauma and/or are neurodivergent ourselves.



Our Values

At Parenting Special Children, our vision is to build a community where every family and every child who is neurodivergent and/or has special needs and/or disabilities including early life trauma, is empowered, supported and no family ever feels alone.

EMPOWERING FAMILIES

Parenting Special Children empowers families whose children/young people are neurodivergent and/or have special needs and/or disabilities including early life trauma.

PREVENTING CRISIS

We hold our families, ensuring no one feels alone in their journey, 'Prevention before Crisis'.

PROMOTING WELLBEING

We support families, children/young people and professionals directly via a wide range of specialist services.

Who we support

At Parenting Special Children (PSC), we hold our families, ensuring no one feels alone on their journey. We support, signpost & empower all those who contact us, whatever stage of their journey.

**In the 2024-25 academic year,
PSC supported**

2956 people*

(*On average people accessed at least two of PSC services)

2501

Parents/
Carers

293

Children/
Young People

226

Professionals*

“

*It was nice to speak
with someone who
was able to relate to
my own story and
know how I feel.*

”

Real Stories

Throughout this report, you will read case studies, which give an insight into the real stories of the families we support, & the difference our services have made to their lives.



Wherever this symbol is used, it indicates a real story



When this symbol is used, it indicates a direct quotation from a parent/carer, child/young person or professional



Emma's family's story of Empowerment*

Emma is a single parent to a daughter with multiple diagnoses. Prior to engaging with Parenting Special Children (PSC), Emma and her daughter had experienced a number of significant adversities and were socially isolated from friends and family. Emma often felt alone and unsure how to navigate the complex systems surrounding her daughter's needs. In 2022, Emma contacted a PSC community support group and began attending sessions regularly. Through this, she developed a deeper understanding of her daughter's conditions and started building confidence in her role as an advocate. Over the following three years, Emma accessed a wide range of PSC support, including training workshops, one-to-one support, and family events.

Emma also went on to access additional PSC support groups, including the Post-Separation Parenting group and the Support Group for Ethnically Diverse Communities. These services played a vital role in reducing her isolation and strengthening her emotional resilience. As a result of this ongoing, holistic support, Emma gained the confidence to communicate effectively with professionals within her daughter's school and across her local community. She became better equipped to advocate for her daughter's needs and to seek appropriate support services.

The impact of PSC's support extended beyond Emma's own family. Feeling empowered and valued, Emma joined the committee of another local SEND organisation, where she now supports other families facing similar challenges.



Reflecting on her journey, Emma shared:

"I don't have enough words to express how thankful I am. I honestly don't know how I would have managed to face all those painful moments without you. PSC stood beside us for my and my daughter's wellbeing and dignity and that meant the world to us. Your kindness, patience and strength gave us hope when we felt we had none. This has made such a difference in our lives."

*Name changed to protect anonymity



Real Stories: Making a difference for the whole family

Aarav* was diagnosed Autistic at the age of 4. He is now aged 11 and has attended Mosaic Minds since 2023 after attending the Social Confidence Course. Aarav really enjoys running, reading, board games and movies and came to Mosaic Minds to make friends and to play with others.

At the time of starting Mosaic Minds he struggled with communicating with others partly due to his autism but also because he had recently moved to the UK and English wasn't his first language.

He struggled to understand social interpretation which made it difficult for him to connect with other children and struggled to emotionally regulate at times within the group. Over the past two years Mosaic Minds has been a great support to Aarav as he has gained new skills which has allowed friendships to develop within the group as well as helped him to integrate into the community.

The parents have also benefited from support from Parenting Special Children and have attended the ADHD course. They also approached PSC to help with a referral to the Educational Psychology Service so that they could highlight Aarav's needs better.

**Name changed to protect anonymity*

Feedback from Aarav's parent:

"I wanted to thank you sincerely for your thoughtful and detailed observations about our son. Your insights are incredibly valuable and provide such a clear, objective understanding of his social interactions and needs.

Your care and professionalism in supporting Aarav means more to our family than I can express. Thank you for taking the time to help him."

"Before joining PSC, we often felt quite isolated as a family. It was hard to connect with other families who understood SEND, and we sometimes felt unsure how to support our son or where to find the right help. We wanted him to have a place where he could meet friends and feel understood, but we didn't know where to start."

"PSC has made such a positive difference. The group leaders and volunteers are incredibly kind, observant, and understanding of the children's needs. They really 'see' the children's true selves, appreciate them, and gently guide them in learning to manage and understand their feelings and actions. We feel supported as a family because they truly understand our children. It has also been wonderful to connect with other parents who want the best for their children. We feel less alone and more confident in supporting our son."

Aarav's feedback:

"I like Mosaic Minds because I have met new friends and built friendships. I enjoy playing table football with my friends, and it makes me happy. I like being in the group because I'm with people who understand me."

Helpline & Triage

The Helpline is usually the first point of contact parents/carers & professionals have with the charity. From there, they are triaged to different services within the charity depending on their need, and signposted to other organisations.

“ The helpline was amazing for me this week. A prompt reply to my email on Friday, an email response on Monday and then a long phone conversation on Wednesday. HUGELY appreciated - thank you. And thank you for the course. Very helpful. ”

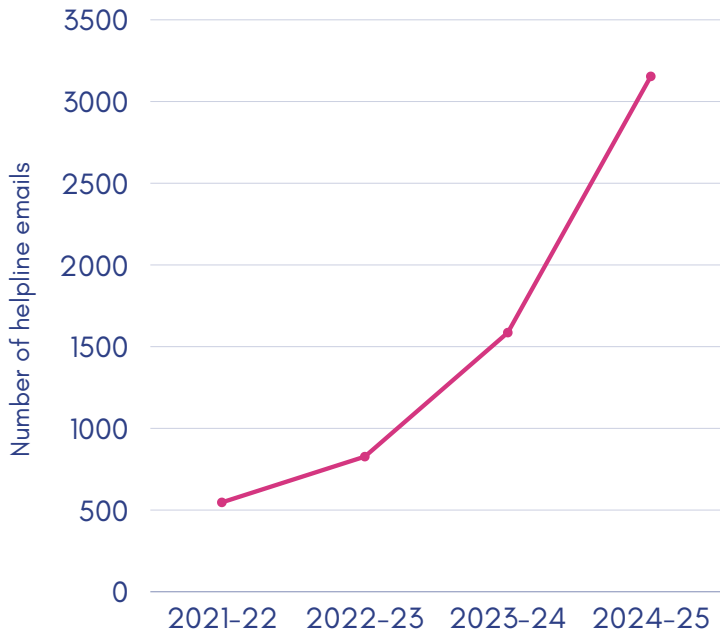
580
Calls to / from helpline

1987
Registration forms processed

39 MINS
Average call length

3154
Helpline / Triage emails

+1568
emails compared to 2023-24



100%

Individuals said they felt **listened to** on their call to the helpline

Individuals said they had **gained new information** to support their child / young person

Individuals calling the helpline were **signposted / referred** to other services

“ They made me feel like I’m not alone and that there are people/places that I can join to learn and understand more ways to help my girls and myself. ”



Gina's journey accessing PSC through the Helpline*



Gina* has accessed PSC support sporadically since 2019, reaching out at times when the challenges of parenting became particularly intense. By early 2025, the cumulative strain on the whole family due to significant difficulties with school, behaviour, and sleep had begun to feel overwhelming, prompting her to seek more sustained help.

In January 2025, Gina attended an online sleep workshop, hoping to find strategies that might offer some immediate relief. However, by May 2025 her situation had escalated to the point where a professional referral was made on her behalf. This referral highlighted just how much pressure Gina was under and how urgently she needed coordinated support. The Helpline team responded promptly, gathering detailed information from the referrer and then engaging in a lengthy, compassionate conversation with Gina. During this call, she described feeling exhausted, isolated, and unsure of how to manage her child's increasingly challenging behaviour. The Helpline offered both emotional reassurance and practical advice, discussing a range of support options. Together, they agreed that Gina would begin by attending an ADHD course and reconnect with the Helpline afterwards.

In June 2025, Gina completed the online ADHD course, to better understand her child's needs. By July, she reached out again, emailing the Helpline to ask for further support. The Helpline provided space for Gina to reflect and to explore new strategies that might help at home. Recognising the complexity of the situation, the team referred Gina to the 1:1 Specialist Parenting Service for tailored support with sleep and challenging behaviours. She was also signposted to a local community support group to help reduce her sense of isolation.

*Name changed to protect anonymity



Gina's journey reflects how parents often reach us at crisis points, and how essential it is that responsive, compassionate, and flexible support is available exactly when families need it. Her continued engagement, across workshops, courses, helpline calls, and now specialist 1:1 sessions, illustrates the profound impact that sustained, well-resourced services can have. With continued funding, we can ensure that parents like Gina do not have to navigate these challenges alone, and that they receive the right support at the right time to create safer, calmer, and more resilient home environments for their children.

Parents/Carers: Workshops & Courses

Workshops

Workshop title	Workshops delivered	Total Attendance
Autism (Run as a 3 week course)	6	110
ADHD - Attention Deficit Hyperactivity Disorder (Run as a 3 week course)	16	269
ADHD: Medication, Treatment options & Outcomes	2	52
ADHD & Teens	2	20
Sensory Processing	6	105
Sleep	6	101
PDA NEW FOR 2024-5	1	28
Emotional Regulation NEW FOR 2024-5	1	15
Behaviour that Challenges	3	27
School workshops	5	85
Totals	48	812

100%

of parents/carers said that they **would recommend the series of workshops to family and friends**

98%

said that they had a **greater understanding of the topic** after the workshops

The workshop was enlightening, especially to realise that what we experience with our special child is not unknown - we are not alone.

Courses

This year, we continued to run our **Time Out for Special Needs (TOSN)** & **Who's in Charge - Child to Parent Violence (WiC)** courses. To be fully inclusive and accessible we worked with an interpreter to deliver our TOSN course to Hong Kong families in Cantonese.

Course title	Courses delivered	Attendance
TOSN	1	10
TOSN for Hong Kong Families	1	8
WiC	2	19
Totals	4	37

Through the parenting courses and activities organized by PSC, parents are empowered to grow in confidence and strength in parenting children with special needs. They are also enabled to support their children's development in meaningful ways.

It is also wonderful to see how PSC has helped families build supportive networks and connect with local resources. This has made a real difference in helping Hong Kong parents feel more settled and equipped to accompany their children as they grow up in a new environment.

Thank you once again for your genuine care, commitment, and the positive impact you continue to make in our community.

**Feedback from Betty,
Cantonese translator**

Parents/Carers: Support Groups

Community Support Groups

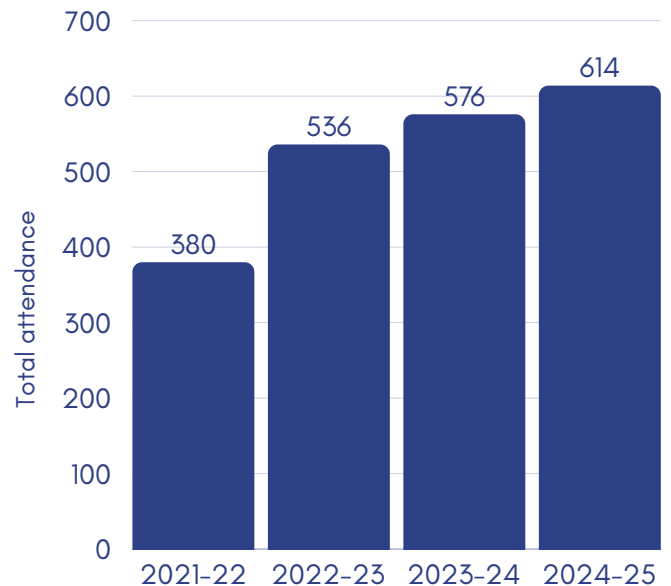
Bracknell Whitley Slough

Parenting Special Children runs three Community Support Groups (CSGs) in Berkshire. Our CSGs are a welcoming, safe space where parent and carer voices come first. Each session is supported by specialist practitioners who offer personalised guidance while encouraging families to support one another, build friendships, and share local community activities.

We explore topics, such as masking, holiday preparation, or other issues our families find important. We also invite guest speakers to give families further information and guidance while maintaining the group's ownership of the space. Alongside discussions, we enjoy celebrations and parties, making the group a supportive community as well as a practical resource.



Attendance has continued to rise over the past 4 years and in 2024-25 through the CSGs and their parties we have supported:



Community Support Groups (continued)



The group is a life line to our child and our family. There is nothing else like it. We really value the support of the group.



100%

would recommend this group to others

100%

said the group helped them **feel less isolated**



What a great party, something for everyone to do with no expectations or judgement.



Parents/Carers of Neurodivergent Girls Support Group

A support group is facilitated to run alongside the A Team children & young people's group, for the parents/carers of those who attend.

6

Sessions

86

Total attendance

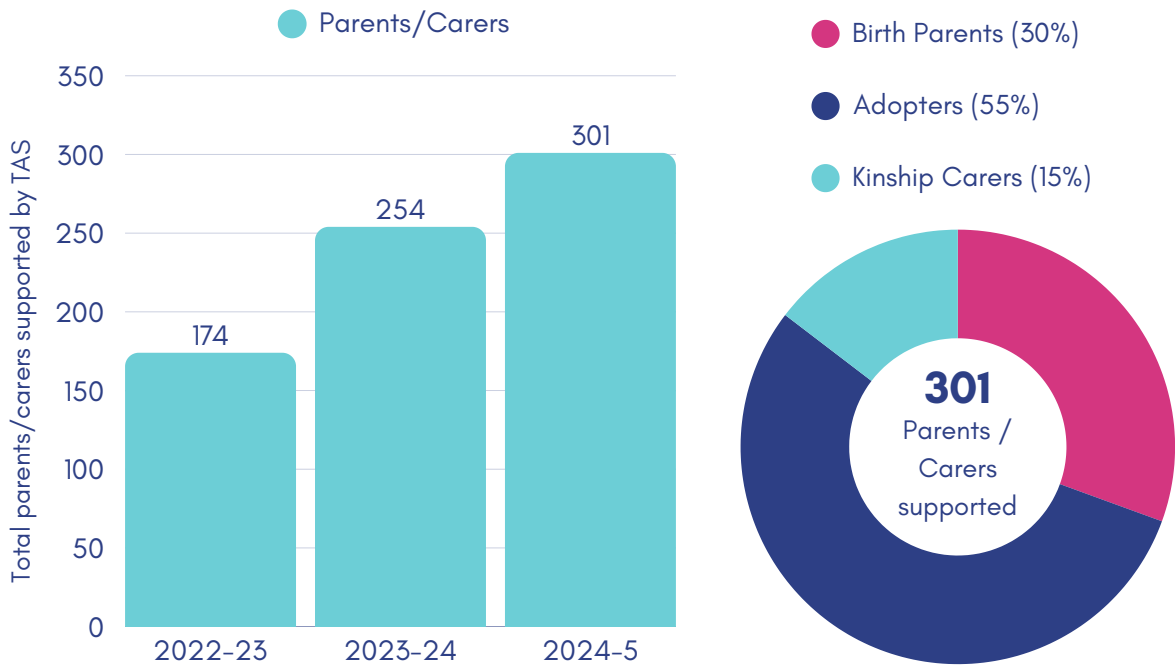


The parent support group was really helpful and the activities allowed the girls to socialise and mix on their terms or just enjoy the crafts if they preferred.



Trauma & Attachment: Workshops, Courses & 1-1 Support

In 2024-25 the Trauma & Attachment Service (TAS) supported **301** parents/carers



TAS workshops for parents/carers

8
TAS workshops run

145
Total workshop attendance

100%
said they **would recommend** our workshops to others.

“ Really helpful content, engagingly presented. Lots of helpful strategies and information - thank you. ”

TAS courses for parents/carers

100%

reported **learning new strategies and tools** to support the development of their child.

7

TAS courses run

42

Total course attendance

Thank you for helping me to understand my child's needs but also understanding what I need for myself. The practitioners are both incredibly knowledgeable!

100%

said they felt **more confident** to support their child with achieving their potential.

95%

said the **relationship** with their child had **improved** as a result.

1:1 Family Support Project

52

Families receiving 1:1 support

4

Sessions per family (on average)

100%

said they found the support from the practitioner **useful**.

96%

said their **confidence in parenting** had increased as a result.

I was quite blown away with the support. Before I met the practitioner, I was very different, she made me look at my children differently and understand them differently. Really impressed with the service.

93%

said it helped **improve their overall wellbeing**

Trauma & Attachment: TAS Support Groups

The Trauma & Attachment Service runs Support Groups for:

94%
said the group helps them **feel less isolated**

Adopters
Dads & Male Carers
Kinship Carers
Post-Separation Parenting

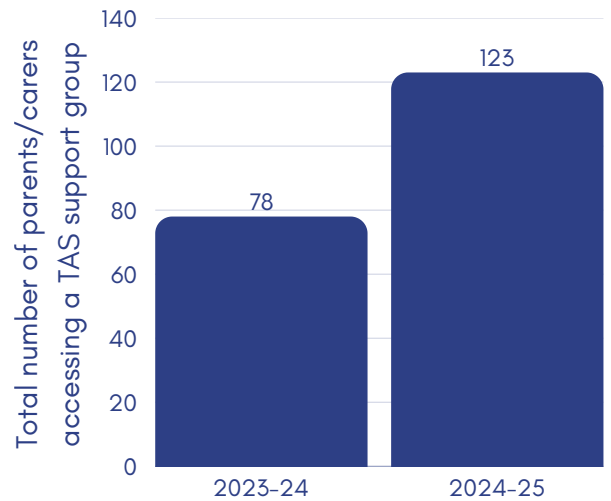
97%
said they **would recommend** the group to others

123
Parents / Carers accessed a TAS Support Group

43
Support group sessions

435
Total attendance

“
The sessions have helped our family significantly. We feel part of a unique group of people who share the same experiences. We have learned so much from the sessions and have been able to make informed decisions. Our daughter also loves attending and has made some lovely friends.
”



Ethnically Diverse Communities

A new group was established in Reading to support ethnically diverse families who have a child with Special Educational Needs and Disabilities. The project contributed to improved engagement and access to PSC services by families from EDC backgrounds.

9
Support group sessions

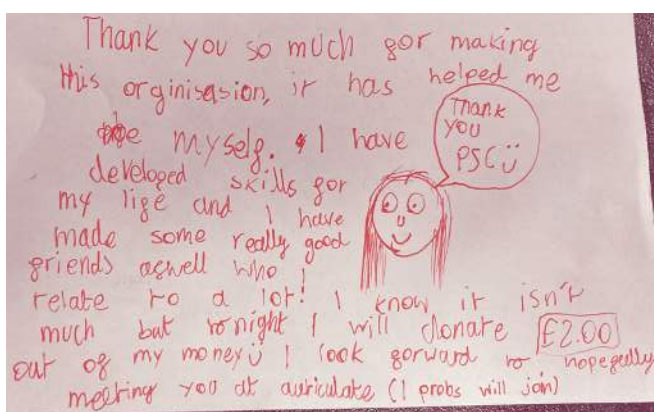
40
Parents / Carers Total Attendance

“
These events have proven highly successful, providing essential information and support, particularly around mental health and wellbeing. I wholeheartedly endorse sustaining these sessions for diverse communities.
”

Children & Young People: Courses & Groups

Social Confidence Course

Making & maintaining friendships, Managing conflict,
Self-esteem, Self-advocacy & Understanding
neurodivergence



“Even though my son is still very shy, he definitely enjoyed attending the course. Even some of his family members have noticed him talking more.”

“I think it's helped my son to think about friendships, particularly how you make them and maintain them, it has boosted his confidence to settle into and feel part of a new group”

35
Children
accessed
SCC

5
Social
Confidence
Courses
run

In the spring term, due to limited funding, the charity made the difficult decision to stop the Social Confidence Course. Although the benefits were clear, it was costly and hard to sustain. We're pleased to share that funding has now been secured for a new Children and Young People's Social Change project, which will begin in September 2025.

Mosaic Minds

This year Auticulate ran under it's new name 'Mosaic Minds'.

After discovering the name had been trademarked elsewhere, the young people chose the new name, Mosaic Minds, which beautifully reflects their creativity, individuality, and strong connection to the group. We continued to run fortnightly sessions for juniors & seniors covering topics & practical outings requested by the young people such as:

Social and Emotional Topics

Making friends

Non-verbal communication

Friendship boundaries

Emotional regulation

Maintaining self-esteem

Keeping safe while out and about

Self-advocacy

Learning around Autism & ADHD

Practical and Life Skills Topics

Thinking about careers

Coping with SATs

Bus travel

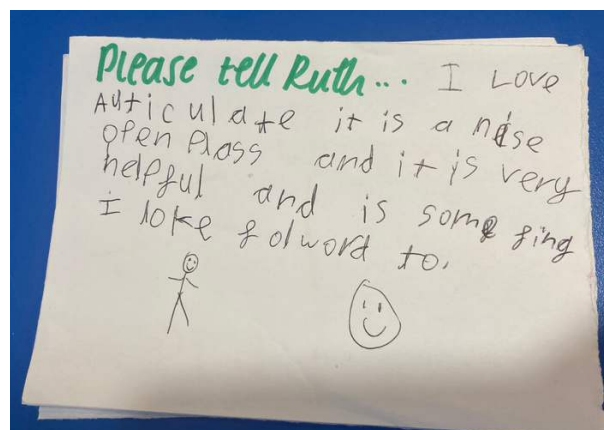
Shop and restaurant visits

30

Children
accessing the
groups
(Juniors &
Seniors)

24

Sessions
(Juniors &
Seniors)



Transition to Adulthood Group

The Transition to Adulthood group was set up to provide a continuation of the support offered to children & young people (CYP) by PSC, post-16.

The Transition to Adulthood group held sessions on a variety of topics & practical outings as requested by the young people such as:

Wellbeing & adulting,
Special Interests,
Bus travel & Board games

11

Transition to
Adulthood
sessions
delivered

42

Total
attendance
at Transition
to Adulthood
group

Children & Young People: Courses & Groups

A Team

The A Team held monthly sessions for autistic/ADHD girls, doing a variety of activities & practical outings as requested by the young people including:

Crafts & games, Quiz, Clip 'n' Climb, Yoga,
Trampolining, Wild City Collective & Summer games

58

girls
supported

11

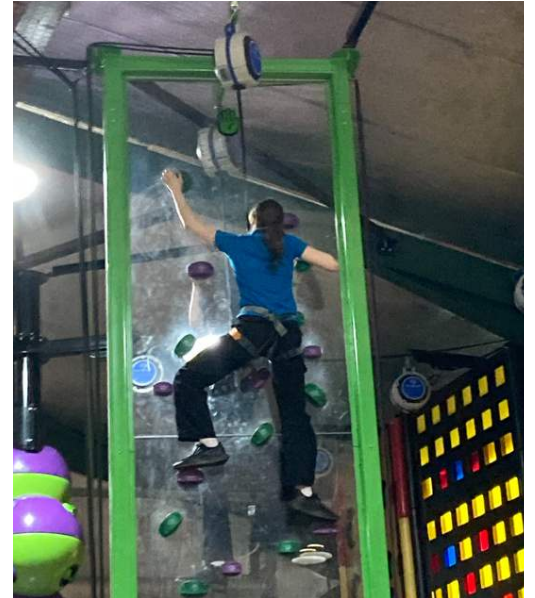
sessions
held

7

Siblings
supported

93%

said they **enjoyed** the
session they attended



Let's Get Creative

Let's Get Creative (LGC) runs two monthly groups, one for children in Kinship/Connected Care & one for adopted children. A play therapist, music therapist & CYP practitioners provide a variety of activities including:

Music therapy, art therapy, visit to Wild City Collective, Rap production, football, yoga, summer party, visit to Oxygen Reading, Session on Online Safety

74

Children
Supported

22

LGC
sessions

4

Family
events

“

We love coming to the Let's Get Creative. I love that it is a safe space where I can let my children express themselves in whatever way they need to for a couple of hours, without the risk of me or them feeling judged.

“

It is lovely for my grandson to mix with other children that don't live with their parents.

”

88%

of parents said the group helps their child to **make new friends**

82%

said the group **helped their child to feel less isolated**

88%

said the group helps **improve their child's emotional/social well-being**



Sophia is an autistic, ADHD, and adopted young person who has experienced challenges with emotional regulation and navigating social situations. These difficulties have significantly impacted her everyday experiences, particularly in school and managing peer relationships.

Sophia first engaged with Parenting Special Children (PSC) in 2021, joining our 6-week Social Confidence Course. At the time, it became clear that she may not have been in the right emotional space to benefit fully from the structured support this course offered. Nevertheless, this initial contact opened the door to further engagement with PSC's wider services.

Following the course, Sophia joined the Let's Get Creative (LGC) group for adoptive families. This became a turning point in her journey. The setting provided a safe, accepting environment where Sophia gradually began to build trusting relationships and form meaningful friendships with other young people in the group and the supporting adults.

Through consistent participation, Sophia has shown marked growth in confidence and social engagement. She now actively and enthusiastically participates in group activities, and within the safety of the group, she is open to trying new experiences. The sessions have provided a structured yet flexible space for positive interaction, as well as a safe environment to work out boundaries and nuances within friendships.

Recently, Sophia has transitioned into the older children's group within LGC, where she is now a valued and active member. Her continued involvement has not only helped sustain the friendships she has built but has also allowed her to take on a more central role in group dynamics.

She also attends The A Team group for girls, another PSC group where she gets a chance to deepen her relationships with some peers who also attend LGC, away from the rest of the group, as well as continue to build trust with supporting adults. More recently, Sophia also attended PSC's Mosaic Minds group which demonstrated her growing social confidence and desire to learn independence skills, whereby she acted as a role model to younger group members sometimes. Across all groups, PSC staff have witnessed a striking emotional and social maturation in Sophia. While challenges in school and peer relationships outside of PSC remain, her time with PSC seems to offer Sophia a sense of stability, acceptance, and respite.

Sophia's parents have accessed a number of PSC training workshops, courses and one to one support over the years. This holistic support really empowered the family. Mum participates in the adoptive parents support group regularly, which has become a vital source of connection and solidarity for her, and has led to lasting relationships with other adoptive parents.

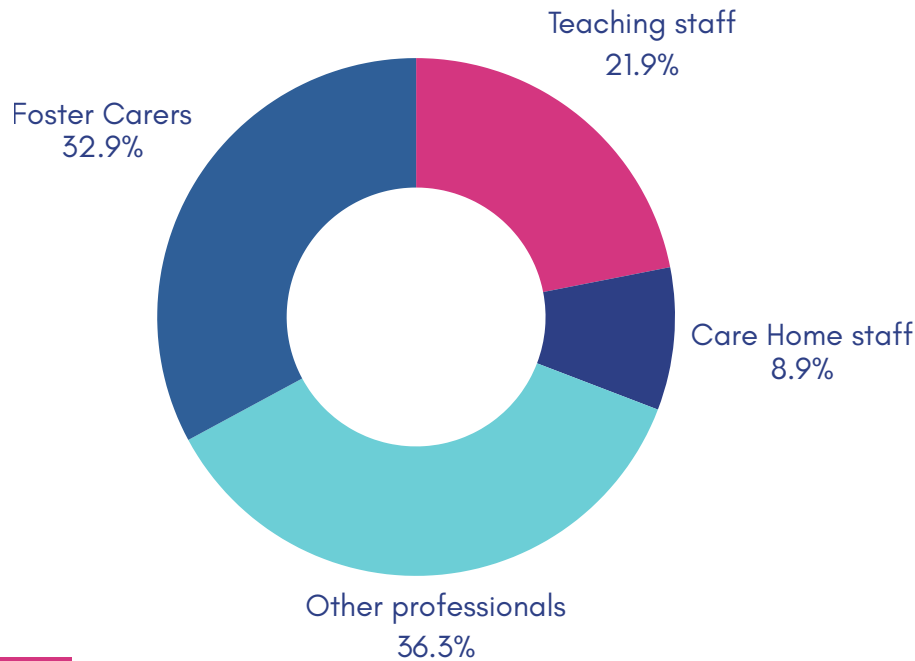
The journey of Sophia and her mother with PSC exemplifies the importance of consistent, compassionate, and tailored support for neurodivergent and adopted children and their families. From hesitant beginnings to becoming a key figure in multiple group settings, Sophia and her mother's journey with PSC is a powerful testament to empowerment, showing how resilience, creativity, and being part of the PSC community can transform lives.

**All names changed to protect anonymity*



Professionals: Trauma & Attachment Service

In 2024-25, the Trauma & Attachment Service (TAS) supported 146 professionals



193
Total attendance

146
Professionals

14
Professional training sessions*

“

Lots of information to take in, but all very relevant and applicable to my working day. Things to take away and suggest to SLT to share among the wider staff team. Thank you.

”



100%
reported an increase in understanding and knowledge of the topics covered

100%
said they found the training 'useful' or 'very useful'

“

Presenter was brilliant, clear and honest. Very good presentation and exactly the info I need right now. Thanks so much. really useful.

”

*Includes 2 Public & 12 Commissioned Sessions

Commissioning

PSC is regularly commissioned by local authorities, schools and corporate partners to deliver high-impact, evidence informed training – online and in person – on topics including developmental trauma, neurodiversity and PDA. We are expanding our offer to include flexible Lunch & Learn sessions, making specialist knowledge accessible and easy to embed into busy professional and workplace settings.

245

Total attendance at commissioned training

16

Commissioned workshops / courses run*

“

Very good knowledge of the subject. I found the trainer really easy to speak to & felt comfortable in the group to open up.

”

“

It gave me an understanding of an area I have little knowledge of.

”

“

Thank you so much! This has been very insightful and definitely something which will help me be more proactive.

”

Fundraising

Thank you to our amazing fundraisers who raised much needed vital funding in a variety of ways!

Fundraising ranged from a Firewalk to Bucket Collecting at Ascot Races to Everest Base Camp Challenge to a Cream Tea Afternoon to Superheroes to Stalls to lots of Marathons!



Thank you to all the amazing local businesses and corporates that support us in a variety of ways from fundraising, tickets for your families and donating their skill set and volunteering with us!

Special thanks to BNI Ascot members.



Finances

Key points:

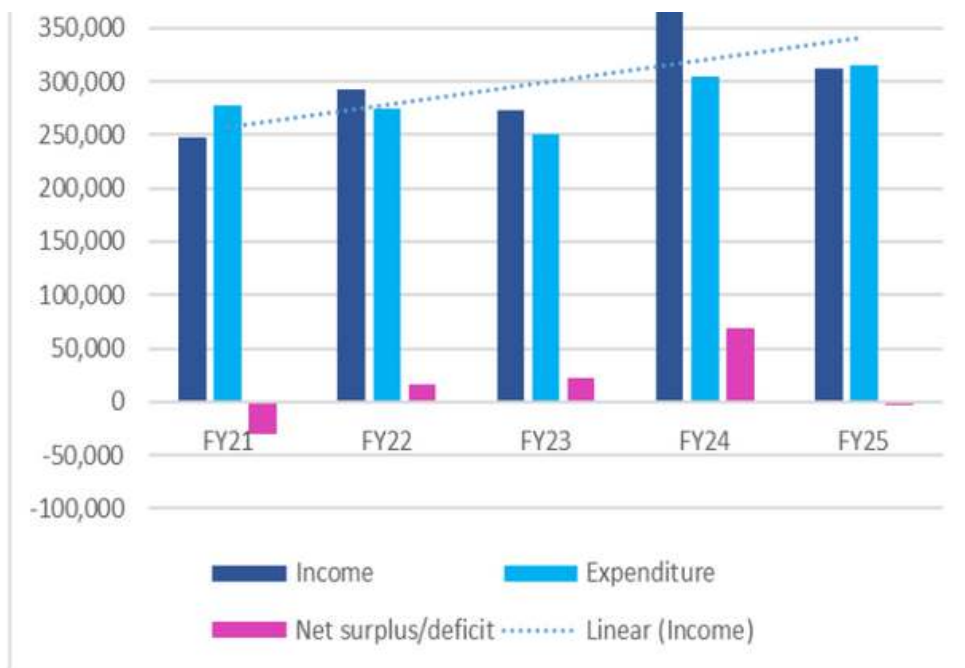
Total income of £311,492 resulting in a net deficit of £3,467 (FY24: £69,300 surplus).

Continued development of all income streams to improve sustainability – focus on business partnerships, commissioned services plus growing number of parent/carer support groups.

Reserves going forward to FY26 of 8.9 months operating costs. Focus for FY26 on building resilience through further diversification of income streams, developing business and corporate partnerships and maintaining a reasonable level of reserves.

End of year highlights – Astorg grant £26,000, and Big Give Christmas campaign £14,000 for a fantastic start to FY26.

Settling in to the new office in Theale and welcoming 4 new members of staff to the team.



Source: Charity Accounts FY21-FY24 and management accounts to 30 November 2025

£311,492
Total income
FY 25

8.9
MONTHS
Operating costs in reserves

£52,848
Unrestricted Income

Main Funders



We are very grateful to all the organisations who work with & support us!

Funders

Adoption England
 Aldermaston Parish Council
 Arborfield & Newland Parish Council
 Astorg KBF Community Grant
 Berkshire Community Foundation
 Benevity
 Berkshire Community Foundation/Lapland UK
 Big Give
 Brighter Futures for Children
 Brook Small Grants
 Charlie Waller Trust
 Children in Need
 Comic Relief
 Connect Reading
 Costco/Untied Way
 Crowthorne Parish Council
 David Brownlow Charitable Foundation
 Enterprise Mobility Foundation
 Field Seymour Parkes
 Finchampstead Parish Council
 Frimley Together as One
 Garfield Weston Foundation
 Global Make Some Noise
 Haines Hill Charitable Trust
 Invesco
 Magdalen Hospital Trust
 Masonic Charitable Foundation
 National Lottery Community Fund
 NHS Berkshire East CCG/S4H GEMS
 NHS Berkshire West CCG/Autism Berkshire
 One Slough Community Fund
 Postcode Society Trust
 Reading Borough Council
 Reading Dispensary Trust
 Reading Families Forum
 Rimini Street
 Shanly Foundation
 Sovereign Housing
 St Laurence Relief in Need Fund
 Sunningdale and Ascot Parish Council
 The Ammco Trust
 The Arnold Clark Community Fund
 The Gerald Palmer Eling Trust
 The Good Exchange/Greenham Trust
 The John Sykes Foundation
 The Lexicon Charity
 The Stockwell Cliffe Charitable Trust
 The Thales Charitable Trust
 The Toy Trust
 Urban Science Int Ltd - Community Giving Grant
 West Berkshire Council
 Wokingham Borough - Community Diversity Grant
 Wood plc
 Woodley Town Council

Supporters

3CD Cleaning
 Action Coach - Mark Van Rol
 Aims Accountants Andy Eagles
 Ascot Racecourse
 Ascot Round Table
 Asset Plus Mortgages
 Bastion
 Berkshire Heating
 Blackstone Printing
 BNI Ascot members
 Calla Landscapes
 Charlotte Tilbury
 Corbett Carpentry
 Dallas and Co
 Elysee Kitchens and Interiors
 Eton and Windsor Brewery
 Fitness Space Ascot
 Forever on Digital (FOD)
 GP Computers
 Graham Plumbing
 Home Care Removals
 It'seeze Windsor
 Jewel Homes
 Jonathan Lea Network
 James Elliman Academy
 LB Construction
 Loftbox
 Marvellous Festivals
 New Court Solicitors
 Oracle UK
 Papaya Decorating
 Paula Bicknell Wealth
 PK Bookkeeping
 Providence Finance
 R2B Business Solutions
 Richmond Chauffeurs
 Ridley Electrical
 Rishi Rai Photography
 Silent Pool Gin
 Silveroak Therapies
 Siren Craft Brewery
 SVIVM Specialist Cleaning
 Sweetpea and Pillow Properties
 The Stephens Family
 Travel Counsellors Annabelle Marshall
 Tricord Solutions HR
 Vana Parker Keynote Speaker
 Village Maid Cheese
 Visual Dialogue
 Windsor and Eton Brewery
 Winsor Racecourse
 Thank you also to all our half/marathon runners and
 Superhero Triathlon fundraisers
 Special thanks to our Everest Trek Team

Admin

Behind the scenes

The Admin Team support the charity by maintaining: IT/Cyber security, including associated staff training & NHS compliance; GDPR compliance; PSC database (CharityLog); website; Technical expertise & training/support; Data reporting; Event eligibility; mailing list, and Client support.

3452

Attendees at
2023-24 publicly
available events



The number of event
attendees increased
by 217 compared to
last year

3669

Attendees at
2024-25 publicly
available events

242

Events
set up

12639

Emails to admin
mailbox

18

Mailshots
sent

Social media followers



Facebook
5559



Instagram
1010



LinkedIn
1123



Eventbrite
2085



MailerLite
2741

Staff & Volunteers

We couldn't do it without our wonderful team!

19

Members
of staff

5

Trustees

18

Volunteers

7.4

FTE for
FY24-25

Celebrating 10 years at PSC



Parenting &
Sleep Practitioner
Helen Tracey

Advisory Boards

Lived experience has always been central to Parenting Special Children. We are passionate about listening and responding to all voices. PSC have the following advisory boards:

- **Neurodiversity (including Neurodivergent Academics)**
- **Equality & Diversity (including Ethnically Diverse Communities)**
- **Neurodivergent Children & Young People**



This year, our Children and Young People's Advisory Group met regularly with Ruth and the team to ensure the charity listens to their voices and experiences. Discussions covered our new website, social media, and the use of neuroaffirming language and approaches. We're so grateful to the brilliant young people who share their insights, you are helping to shape the charity's future.

Looking to the future



The evolving landscape of special educational needs and disabilities across both health and education will be a significant factor for the charity and the families we support in 2026. Change is never easy to navigate, and this is particularly true for families of neurodivergent children and young people, as well as families whose children have experienced early life trauma. As a Berkshire-based charity, we are committed to being at the heart of local and national discussions, doing all we can to ensure that the lived experiences of families are heard clearly and meaningfully. We are extremely proud of the inspiring young people who sit on our advisory board and take part in our new Voices in Action project. Their involvement ensures that the voices, views, and experiences of children and young people remain central to everything we do.

As a user-led charity, lived experience informs all of our services. We continually listen, learn, and respond to what families tell us they need. This approach led to the introduction of new workshops in 2025, including Emotional Regulation and AuDHD workshops, and we will continue to develop our offer in response to emerging needs.

The wider charity landscape remains challenging, and as the National Council for Voluntary Organisations (NCVO) notes, “the voluntary sector continues to demonstrate resilience, creativity and determination in the face of unprecedented challenges.” As a charity, we are proud to have navigated these challenges successfully. While we know that 2026 will undoubtedly bring further pressures, our dedicated team and shared commitment ensure that families will continue to receive the specialist, compassionate support they need.

As always, we strive to be a strong and resilient charity, enabling us to empower and support families in the year ahead. None of this would be possible without the exceptional PSC team, who bring an extraordinary depth of knowledge, experience, kindness, and compassion to their work. We are also deeply grateful to everyone who has financially supported PSC, and we look forward to continuing this vital work with your ongoing support.

Contact Us

Helpline

This service can support parent/carers in a variety of ways:

A pre-booked telephone consultation

Ring our Helpline

E-mail conversation

We have volunteers who speak different community languages. Please get in touch with us if a parent needs support but does not have English as their first language.



Helpline: 0118 9863532



helpline@parentingspecialchildren.co.uk

Website & Other Services

www.parentingspecialchildren.co.uk

Trauma & Attachment service:

tas@parentingspecialchildren.co.uk

Commissioning:

commission@parentingspecialchildren.co.uk

All other enquiries:

admin@parentingspecialchildren.co.uk

Donate

Your donation can transform the lives of children and families in need, offering them support when they need it most. 'Prevention before Crisis'

By donating, you're not just giving money - you're giving hope, strength, and a brighter future to families in need.

Go to our website www.parentingspecialchildren.co.uk to find out how to donate, or contact tess@parentingspecialchildren.co.uk



**Parenting
Special
Children**

www.parentingspecialchildren.co.uk
Helpline: 0118 9863532
helpline@parentingspecialchildren.co.uk
admin@parentingspecialchildren.co.uk

Copyright © Parenting Special Children is a
Charitable Company limited by guarantee
Registered Charity number 1141172
Registered Company in England Number 07351094