



# Parenting Special Children



# 2023 - 24

# Impact Report



*I felt that I was really  
listened to & with  
support I hope we can  
achieve the greatest  
positive outcome for  
my child*

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# Message from Founder & CEO

As we reflect on the past year, I am proud to share the profound impact Parenting Special Children has made in the lives of the families we support.

This year, we have reached more families than ever before, providing essential guidance, care, and understanding to 2,135 parents and carers, 340 children and young people, and 435 professionals who work alongside them. Our support is not just a moment in time; families turn to us at different stages of their journey, often returning when new challenges arise. On average, through the years, families engage with our services at least twice, a testament to the lasting relationships we build.

Lived experience is at the heart of everything we do. It enables us to offer authentic, compassionate services that truly resonate with the families we support. Our holistic approach is why so many families continue to place their trust in us, knowing we will be here for them, whenever they need us. None of this would be possible without the dedication of our team, volunteers, and all those who support Parenting Special Children.

***Together, we are making a difference ensuring that every family feels seen, supported, and empowered.***

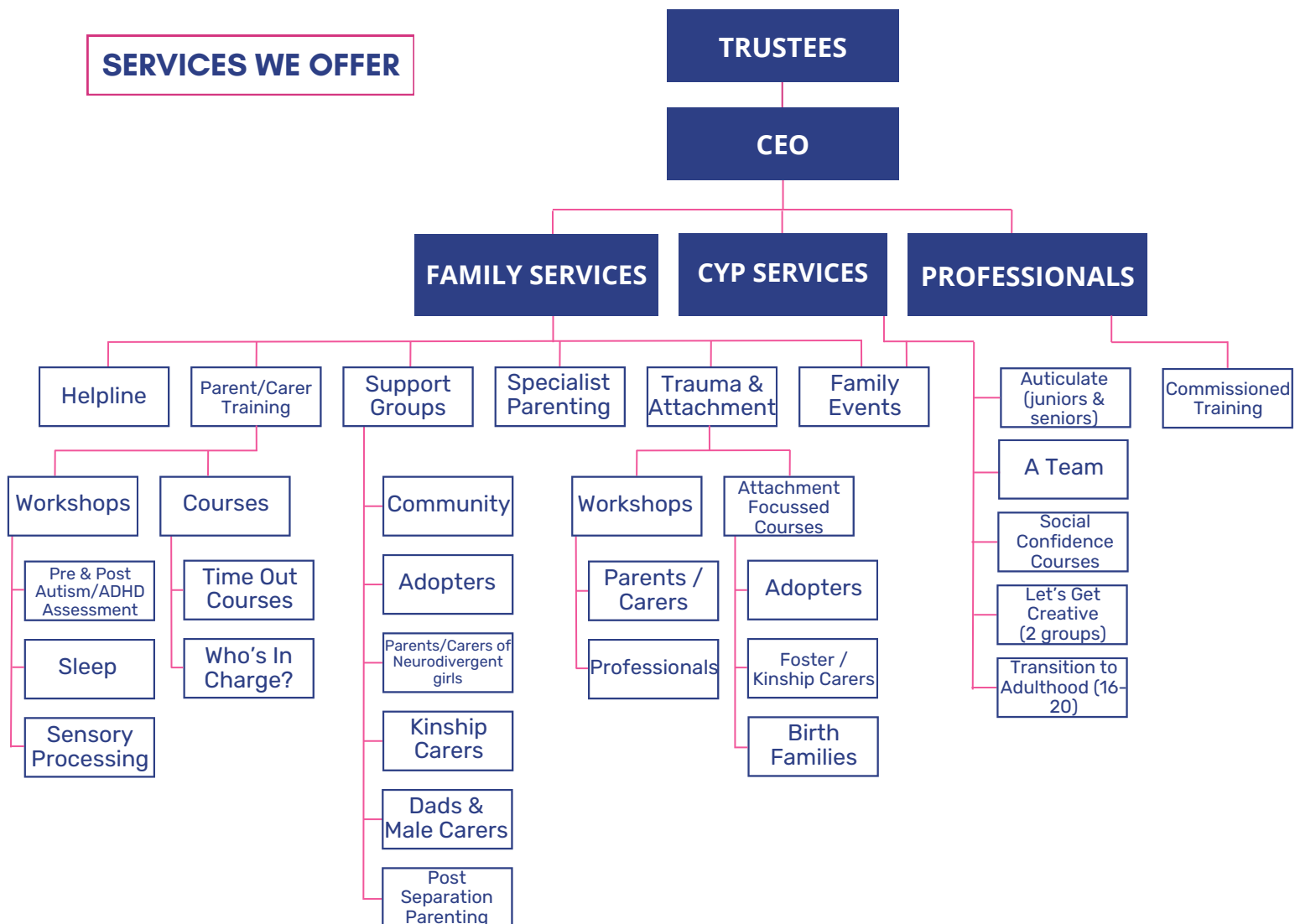
A handwritten signature in blue ink that reads "Ruth Pearce". The signature is fluid and cursive, with a large initial 'R'.

Ruth Pearce, CEO & Founder  
[www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)

# Introduction

At Parenting Special Children, we bring our lived experience and professional knowledge to offer specialist information, expert advice and a compassionate listening ear.

Lived experience is at the heart of everything we do. At Parenting Special Children, 90% of us are parents & carers of neurodivergent children & young people, children with SEND or early life trauma and/or are neurodivergent ourselves.



# Our Values

**At Parenting Special Children, our vision is to build a community where every family and every child who is neurodivergent and/or has special needs and/or disabilities including early life trauma, is empowered, supported and no family ever feels alone.**

## EMPOWERING FAMILIES

Parenting Special Children empowers families whose children/young people are neurodivergent and/or have special needs and/or disabilities including early life trauma.

## PREVENTING CRISIS

We hold our families, ensuring no one feels alone in their journey, 'Prevention before Crisis'.

## PROMOTING WELLBEING

We support families, children/young people and professionals directly via a wide range of specialist services.

# Who we support

At Parenting Special Children (PSC), we hold our families, ensuring no one feels alone on their journey. We support, signpost & empower all those who contact us, whatever stage of their journey.

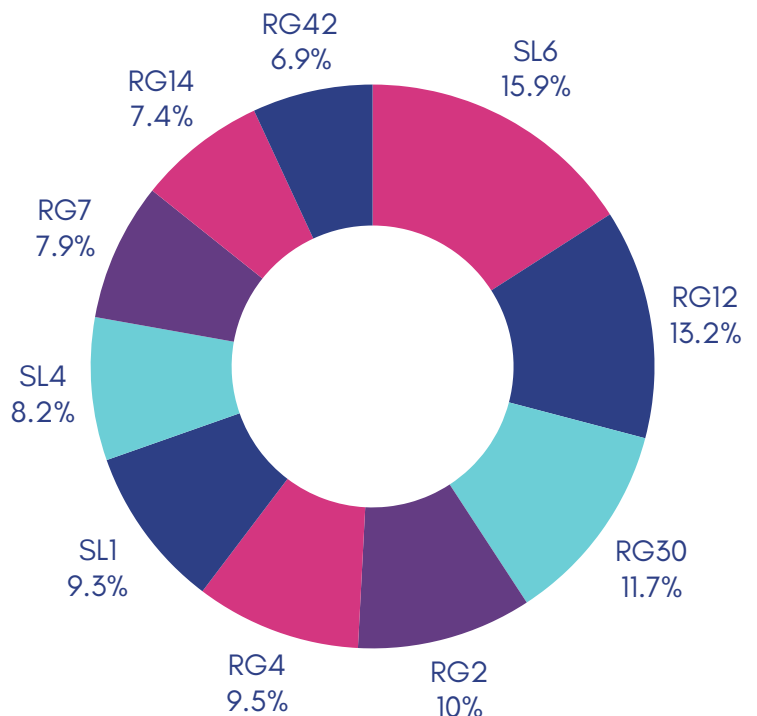
**In the 2023-24 academic year,  
PSC supported**

**2910 people**



“*You were so friendly & understanding. I did not feel judged at all. It was like talking to a friend.*”

PSC support families in both Berkshire & non-Berkshire areas, but the 10 postcodes with the most referrals in 2023-24 were all in Berkshire.



\*Active on our databases: does not include commissioning, see page 25 for commissioned events

# Real Stories

Throughout this report, you will read case studies, which give an insight into the real stories of the families we support, & the difference our services have made to their lives.

Wherever this symbol is used, it indicates a real story, or a link back to one of the stories on this page



When this symbol is used, it indicates a direct quotation from a parent/carer, child/young person or professional

## Kele & Alex's\* journey accessing PSC

Kele & Alex\* attended a Community Support Group (CSG) in November 2023 and shared challenges that they were having with school & that they had started an assessment process with their child. Since then, Kele & Alex\* have been supported by other members of the CSG & PSC within the group. Kele & Alex\* have attended regularly since November 2023 to the present day & are an integral part of the group, supporting others, giving advice, sharing their own experiences & have fed back that have felt supported themselves. They have been a part of many different learning sessions including managing anxiety, conflict, sensory difficulties & sleep.

Kele & Alex\* have also had support from PSC within these groups to understand applications for an Education Health Care Plan (EHCP), accessing services for support & school difficulties. They have accessed telephone, text & email support from PSC community support since starting to attend the group.

Kele & Alex's\* child Max\* attended Social Confidence Course in April 2024. Max\* then joined Auticulate in June 2024 & continues to attend to date.

Kele & Alex\* contacted Helpline to discuss sleep difficulties. Helpline team completed a triage for 1:1 specialist parenting sleep support & completed a referral to this service & sent an email to parents with all information. Kele & Alex\* started 1:1 specialist parenting in July 2024.

\*All names changed to protect anonymity



# Asha's family's story of Empowerment\*

Before connecting with Parenting Special Children, my daughter was diagnosed but I had little idea of what it meant & how to help her. I was signposted to PSC during COVID & my daughter was invited to a six-week online Social Confidence Course which she engaged well with. From there, she was invited to join Auticulate.

The parent support evenings gave me insight into autism & the struggles autistic people had. It also allowed me to talk to parents with similar problems & understand how they worked through them. In the early days, I regularly went to the parent support evening events, it was useful to gain knowledge & meet with other parents who had the same problems and hurdles. Of particular use to me were the sessions on sensory processing & transition to secondary school.

Auticulate has been most helpful for my daughter in giving her a space where she can socialise & learn with children who are similar to her, her tribe. At school, she needs to fit in & adapt to a predominantly neurotypical world but Auticulate shows her that she is 'normal' in her autism & that there are others like her. She has also been able to take that a step further in volunteering in the junior group as a peer mentor. This allows her to develop leadership & interaction skills in a safe group that understands her before having to practice them in a neurotypical world that does not always understand neuroatypicals. My daughter is also starting the transition to adulthood sessions soon & I expect that they will help prepare her mentally for the next steps she will take towards independence. PSC has given my daughter a space where she can be open about her autism & not feel judged. This helps her cope better at school where children are not as understanding.

I would like to see my daughter living an independent adult life & succeeding. Auticulate gives her a space to learn ways of dealing with the outside world & practice those skills away from the safety of family (that may step in to save her a bit too quickly) but within a structure that will still keep her safe.

PSC cares about neurodiverse kids & tries hard to help them in their difficulties. They try to help families through what can be difficult & trying times with knowledge & emotional support. They have good knowledge & experience in their field & share it openly. The main thing that PSC has brought into our family life is knowledge and understanding.

Although many of the staff at PSC are very well educated in their field, they also bring a personal knowledge.

The staff are friendly & want to help. They know a great deal about their subject & many have a lived experience, either in themselves or through their children. I remember a parent session where the two speakers were both mothers of neuroatypical children who then discovered that they themselves were autistic. Being able to give me a vision into what might be going on inside my daughter's head was invaluable. I need to understand a problem to be able to help and my daughter does not always have the ability to explain or even know that her thought processes are different from neurotypicals.

PSC has taught me what common needs & adjustments most autistic children need. It has allowed me to talk sensibly with the school SEN (Special Educational Needs) co-ordinator, understand her terminology & make recommendations for my daughter's specific needs. I'm still learning to allow her to self-advocate though.

I have heard many stories of how it has gone wrong & how children have suffered emotional pain, specifically in teenage years, because they are different. [My daughter's] teen years are still tricky to navigate but the support she receives from Auticulate & her autistic peers has helped her find her unique path. She is making a success of her life and that makes me happy (& proud).

\*Name changed to protect anonymity  
All wording is the parent's own



# Helpline & Triage

The Helpline is usually the first point of contact parents/carers & professionals have with the charity. From there, they are triaged to different services the charity depending on their need, and signposted to other organisations.

“ *Such a helpful service with knowledgeable people that truly understand the struggles parents are facing each day* ”

**520**

Calls to  
/ from  
helpline

**852**

Registration  
forms  
processed

**33**

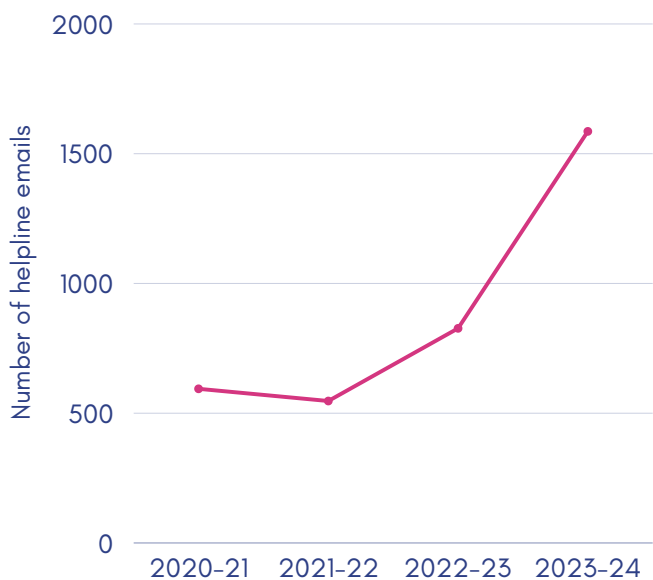
**MINS**  
Average  
call length

**1586**

Helpline/  
Triage  
emails

**+759**

emails compared  
to 2022-23



“

*I literally cried on the call but with joy not sadness, just it was nice for someone to just get it!*

**100%**

individuals said they felt  
**listened to** on their call  
to the helpline

# Ali's journey accessing PSC through the Helpline\*

Ali\* came into the Helpline in September 2023 following a referral to from their social worker.

Helpline processed the referral & made telephone contact with Ali\*. The telephone call lasted for 50 minutes & Helpline listened, supported & signposted to numerous other supporting services. Email sent following conversation with all information discussed & links to other services.

In November 2023 Ali\* contacted Helpline to discuss workshops available to them. Helpline discussed workshops & which would be most beneficial. Ali\* booked to attend ADHD workshop & attended all 3 sessions.

In March 2024 Ali\* contacted Helpline by phone & discussed the challenges that the family were facing. Parent felt that they needed further support. Helpline listened, gave a supportive ear & completed a triage with parent in view to support with 1:1 specialist parenting support. Helpline spent 1 hour & 15 minutes speaking with Ali\*. Helpline followed the call with an email sharing information discussed & details of 1:1 specialist parenting referral. Helpline completed 1:1 specialist parenting referral.

In May 2024 Ali\* started 1:1 specialist parenting sessions. 4 sessions were completed. Ali\* continues to receive on going workshop & support group support up to & beyond August 2024.

\*Name changed to protect anonymity

## 85%

individuals calling the helpline were **signposted / referred** to other services



## 92%

individuals said they had **gained new information** to support their child / young person



*I was feeling quite stuck & I feel in a much better position to move forward & understand the process much better.*

# Parents/Carers: Workshops & Courses

## Courses

This year, we continued to run our **Time Out for Special Needs (TOSN)** & **Who's in Charge- Child to Parent Violence (WiC)** courses. We worked with an interpreter to deliver our TOSN course to Hong Kong families in Cantonese.

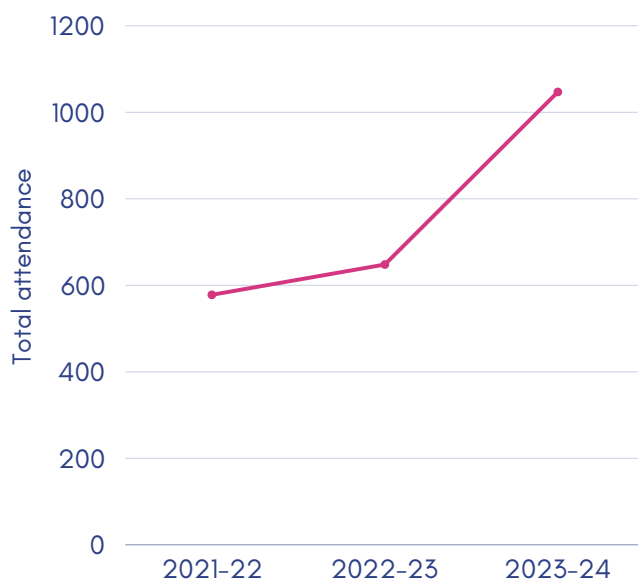
“ *The course was very comprehensive & I have learned a lot* ”

Course title	Courses delivered	Attendance
TOSN	3	21
WiC	2	20
Totals	5	41

“ *I was not sure what next steps to take before the course but I now have direction* ”

## Workshops

Attendance at our parenting workshops has increased considerably over the past 3 years & we have continued to receive positive feedback



# 98%

of parent/carers said they  
**found the workshop useful**

“ *Non-judgemental & down to earth* ”



*The workshop was enlightening especially to realise that what we experience with our special child is not unknown – we are not alone.*

# 100%

would recommend the workshop to others

Workshop title	Workshops delivered	Total Attendance
Autism	11	177
ADHD (Attention Deficit Hyperactivity Disorder)	16	354
ADHD: Medication, Treatment options & Outcomes	2	52
Sensory Processing (including Interoception)	11	187
Transition to Adulthood	3	37
Sleep	8	147
School workshops	10	93
Totals	61	1047

# 98%

said that they had a **greater understanding of the topic** after the workshops



*This was an in depth analysis of managing anxiety, the facilitator was excellent*

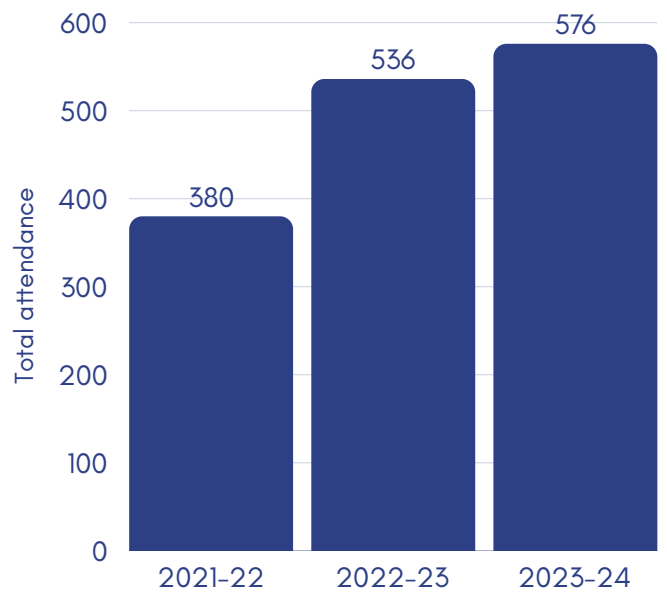
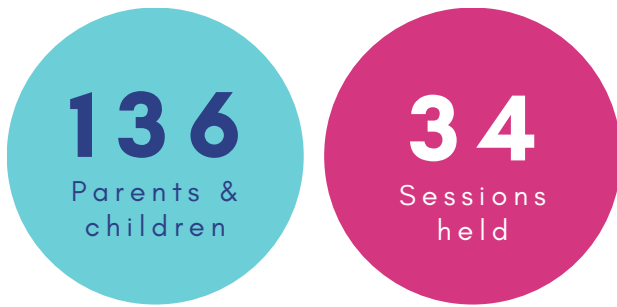
# Parents/Carers: Support Groups

## Community Support Groups

Parenting Special Children runs Community Support Groups (CSGs), which look at a variety of topics including Co-Parenting, Anxiety & the impact on CYP, and Managing Transitions, in 3 areas of deprivation in Berkshire:

### Bracknell Whitley Slough

Attendance has continued to rise over the past 3 years and in 2023-24 the CSGs supported:



# 100%

said that attending the group sessions helps improve their emotional wellbeing

2024 marks **5 years** of the CSGs which was celebrated with parties & plenty of cake!





# Community Support Groups (continued)

“ There has never been a meeting of this group that I have not enjoyed. I learn just as much now as at the beginning. I am given the space to share my experiences with others too. Its the perfect safe space & much needed.

98%

said the group helped them **feel less isolated**

100%

would recommend this group to others



“ They make you feel welcome & that I'm not the only one going through this

## Parents/Carers of Neurodivergent Girls Support Group

A support group is facilitated to run alongside the A Team children & young people's group, for the parents/carers of those who attend.

7

Sessions

97

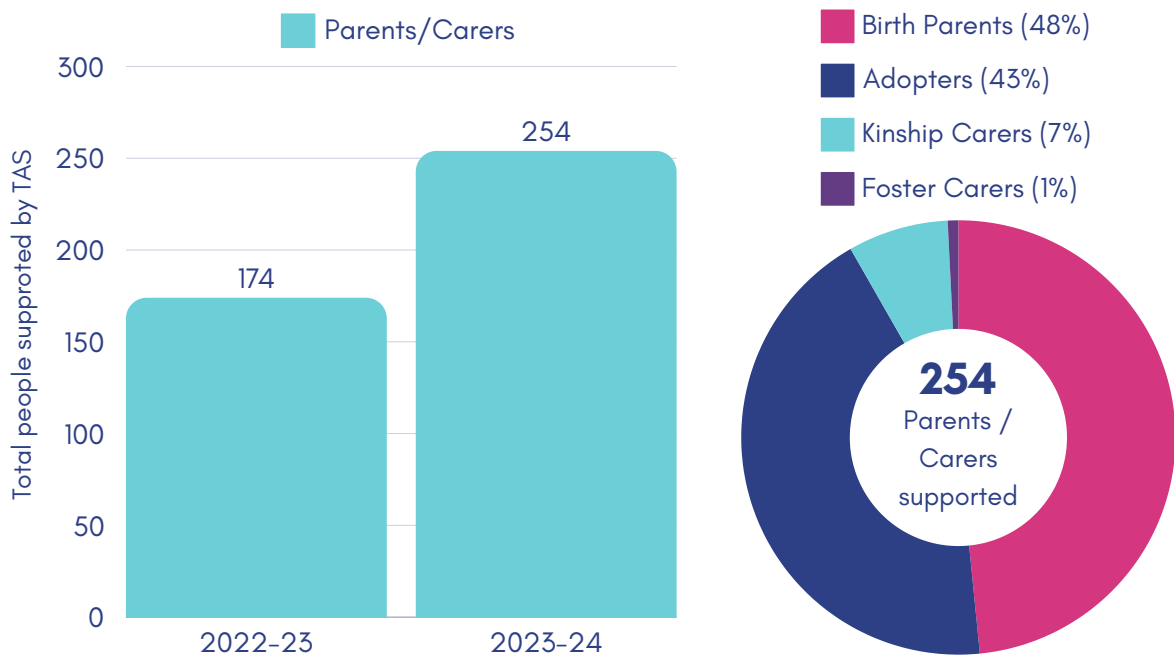
Total attendance

“ There was opportunity to meet other adults & have support in exploring our needs too

“ The parents are all so supportive

# Trauma & Attachment: Workshops, Courses & 1-1 Support

In 2023-24 the Trauma & Attachment  
Service (TAS) supported **254**  
parents/carers



## TAS workshops for parents/carers

**10**  
TAS  
workshops  
run

**114**  
Total  
workshop  
attendance

**100%**  
said the **relationship with**  
**their child had improved** as  
a result



*Fantastic training, really opened my mind & will add so much value to my care giving.*



## TAS courses for parents/carers

# 100%

reported an **increase in understanding & knowledge**

# 8

TAS courses run

# 62

Total course attendance

“

*Many thanks for an exceptional course – the trainers know their stuff & are very good at communicating it! More than a refresher, each session was strong & well worth attending.*

# 100%

said they felt **more confident** to support their child with achieving their potential

# 100%

said they **would recommend** our courses & workshops to others

## 1:1 Support



See Kele & Alex's journey (page 8) & Ali's story (page 12)

# 54

Families receiving 1:1 support

# 4 - 8

Sessions per family

# 100%

said they found the support from the practitioner **useful**

# 100%

said their **confidence in parenting had increased** as a result

“

*Working with PSC has been an absolute life saver for our family during a very challenging time. Thanks to their support, we felt less isolated. We felt understood & supported & it was a safe time & space to reflect as a family. As a result, we learned new techniques & – crucially – clung onto hope!*

# 91%

said it helped **improve their overall wellbeing**

# Trauma & Attachment: TAS Support Groups

The Trauma & Attachment Service runs Support Groups for:

Adopters

Dads & Male Carers

Kinship Carers

Post-Separation Parenting

78

Parents / Carers  
accessed a TAS  
Support Group

35

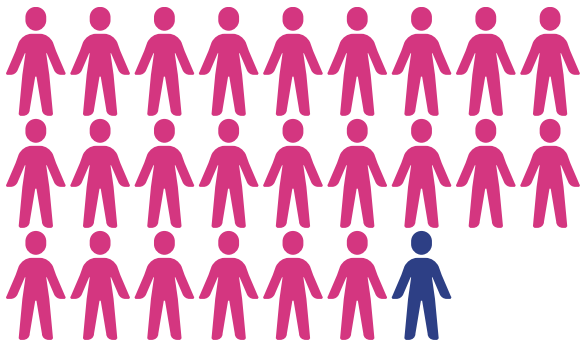
Support  
group  
sessions

310

Total  
attendance

“

*We like to come to the group. It gives me a chance to off load my problems to others going through similar problems. The kids like playing around with other kids like themselves.*



97%

said the group helps  
them **feel less isolated**

“

*A fantastic lifeline for adopted parents! We come every month and can't imagine life without it.*

# Real Stories: Making a difference for the whole family

PSC has made a big difference & is the major source of support for our family, especially in the light of the lack of provision in most areas at the moment! We have attended multiple courses around sleep, attachment, autism & ADHD. We all attend the monthly Let's Get Creative Group, & my daughter & I attend the monthly A Team girls' group. The groups mean that our children get the chance to make friends with other children who have similar experiences & challenges to them, & as parents we get the chance to connect with other parents - sharing highs & lows & also supporting each other. My husband also attends the Dads' carers group which he finds really helpful.

We look forward to our monthly support groups & it gives structure to our weekend. Knowing we are not alone & being around other families really helps us all as we can support each other. We often share ideas as well which can help add to the strategies we currently use. Having organised activities for the children so that the parents can have their own group at the same time is incredibly helpful (& rare to find elsewhere!). It is also good for their self-esteem to know that they are not alone in the challenges they face - they are not the only ones. It also means the parents can share freely as the children aren't present.

If PSC was not around, we would have had less understanding & probably therefore less strategies at our finger tips to help us. The children (& us) would have not had the friends & relationships they now benefit from, & we could have all felt more isolated.

We are always recommending PSC services to others. It is so hard to get support & understanding - there is a huge gap in this vital area which Parenting Special Children are plugging!

\*All wording is the parent's own.

## 93%

reported an **improvement in their emotional wellbeing** due to being part of the group



## 100%

said they **would recommend** the group to others

# Children & Young People: Courses & Groups

## Social Confidence Course

Social Interaction Group was renamed to **Social Confidence Course (SCC)** in July 2024 and covers the following topics:

Making & maintaining friendships, Managing conflict, Self-esteem, Self-advocacy & Understanding neurodivergence

# 83%

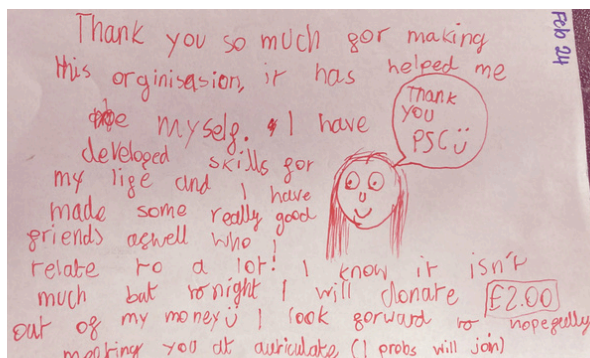
young people said they **would recommend** the course to others

# 83%

young people said they feel they have **learnt new social skills/techniques** by attending the course

# 92%

parents said **their child had benefitted** from attending the course



*The team were fab, I can't thank you enough. Your help comes at desperate times & that is something I will be forever grateful for*

# 1/3

of children attending SCC went on to attend Auticulate

# 6

Social Confidence Courses run

# 35

Children accessed SCC



See Kele & Alex's journey (page 8) , & Asha's story (page 9)

## Articulate

Articulate continued to run fortnightly sessions for juniors & seniors covering topics & practical outings requested by the young people such as:

Emotional regulation, Peer challenges, Train travel, Team work, Self-esteem, Online safety & Time for fun!

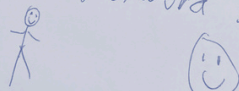
**33**

Children accessing Articulate (juniors & seniors)

**37**

Articulate sessions (juniors & seniors)

Please tell Ruth... I Love Articulate it is a nice open class and it is very helpful and is something I look forward to.




Team work activity (junior session)

## Transition to Adulthood Group

In the Spring of 2024, the Transition to Adulthood group was set up to provide a continuation of the support offered to children & young people (CYP) by PSC, post-16.

The Transition to Adulthood group held sessions on a variety of topics & practical outings as requested by the young people such as:

Wellbeing & adulting,  
Special Interests,  
Bus travel & Board games

**13**

Total attendance at Transition to Adulthood group

**5**

Transition to Adulthood sessions delivered

# Children & Young People: Courses & Groups

## A Team

The A Team held monthly sessions for autistic/ADHD girls, doing a variety of activities & practical outings as requested by the young people including:

Craft & games, Quiz, Clip 'n' Climb, Yoga, Pottery painting, Trampolining, & Summer games

**71**  
girls  
supported



**11**  
sessions  
held



**9**  
Siblings  
supported



**93%**

said they **enjoyed** the  
session they attended



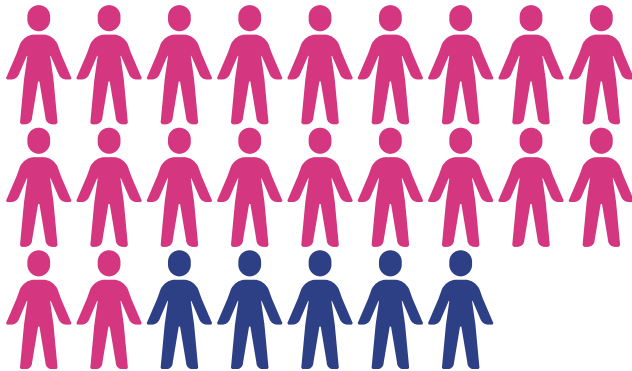


See the Real Story on  
page 20

## Let's Get Creative

Let's Get Creative (LGC) runs two monthly groups, one for children in Kinship/Connected Care & one for adopted children. A play therapist, music therapist & CYP practitioners provide a variety of activities including:

Making music to express emotions, Sensory activities to alert, organise & calm, Slime making & messy play



**82%**

said the group helps  
their child **feel less  
isolated**

**88%**

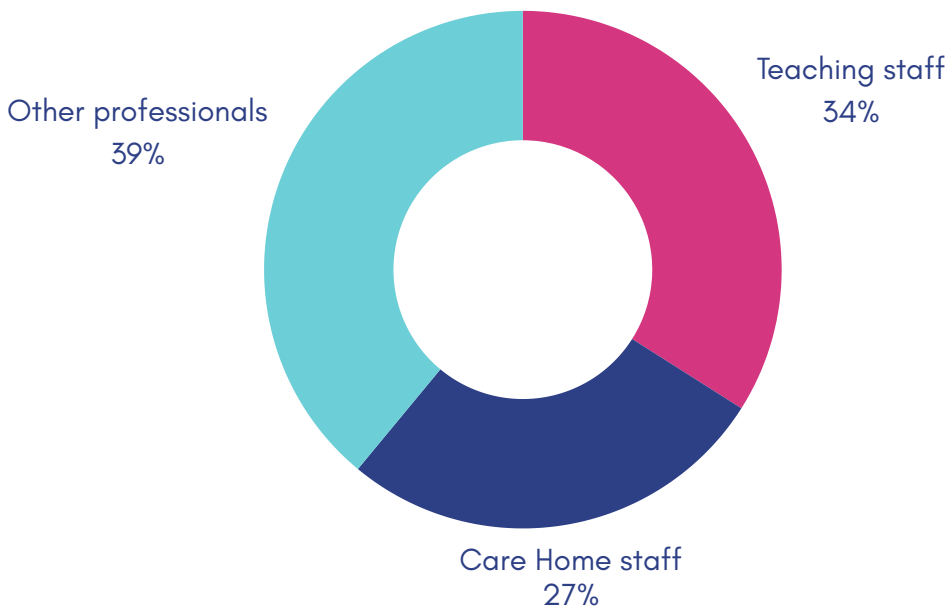
of parents said the group  
helps their child to **make  
new friends**

**82%**

said the group helps **improve  
their child's social/emotional  
wellbeing**

# Professionals: Trauma & Attachment Service

In 2023-24, the Trauma & Attachment Service (TAS) supported **244** professionals

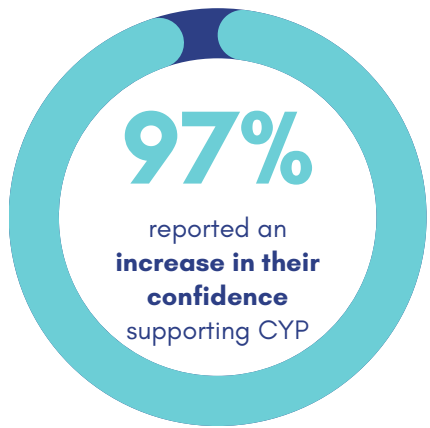


**283**  
Total attendance

**244**  
Professionals

**25**  
Professional training events

“ *Very relevant & has made me realize how important my role is for SEND children & fired my passion even more* ”



**100%**  
said they **would recommend** our workshops to others

**100%**  
reported an **increase in understanding & knowledge** of the topics covered

“ *Thankyou !Very thought provoking. Lots to take away & put into practice!* ”



# Commissioning

PSC is regularly commissioned to provide face to face or online training on a range of topics linked to parenting or working with children with a range of additional needs and/or disabilities, including developmental trauma.

**570**

Total  
attendance at  
commissioned  
training

**54**

Commissioned  
workshops /  
courses run\*

“

*I have had such positive feedback from the staff that attended your session.*

“

*Session felt very interactive & maintained interest throughout.*

“

*The facilitator had a thorough knowledge of the subject area*

# Fundraising

Thank you to our amazing fundraisers who raised much needed vital funding in a variety of ways!

Fundraising ranged from a young person writing and selling his book, to a team climbing Everest to many running Marathons to Skydiving out of 50 planes in 50 weeks!



Thank you to all the amazing local businesses and corporates that support us in a variety of ways from fundraising, tickets for your families and donating their skill set and volunteering with us!

Special thanks to BNI Ascot members.



**Christmas  
Challenge**

**Big Give**

**£43,062**

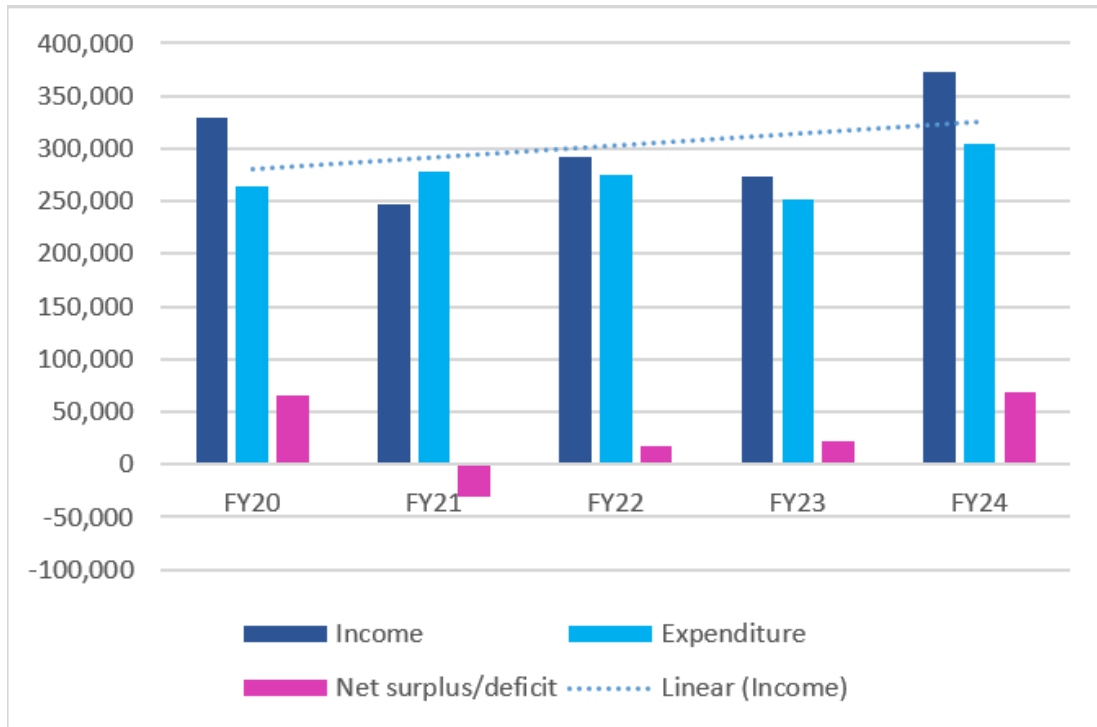
**raised!**



# Finances

## Key points:

- Financial Year (FY) 24 successful funding for new website and logo
- Continued expansion of all income streams – commissioned services plus new services
  - Reserves going forward to FY25 of 9.4 months, a strong and sustainable position
  - Focus for FY25 building a longer term pipeline of income to ensure sustainability
    - Looking ahead to new office move in FY25



**£373,531**  
Total income  
FY24

**9 MONTHS**  
Operating  
costs in  
reserves

**£44,000**  
Big Give 2024  
Christmas  
Campaign  
total

## Main Funders



## Funders

Aldermaston Parish Council  
Arborfield & Newland Parish Council  
Barkham Parish Council  
Benevity/Gartner Match funding donation  
Berkshire Community Foundation  
Big Give  
Binfield Parish Council  
Brighter Futures for Children  
Brook Small Grants  
Charlie Waller Trust  
Charvil Parish Council  
Children in Need  
Comic Relief  
Crowthorne Parish Council  
David Brownlow Foundation  
David Solomons Charitable Trust  
Earley Town Council  
Enterprise Mobility Foundation  
Euro Car Parts  
Field Seymour Parkes  
Finchampstead Parish Council  
Future Care Group  
Garfield Weston  
Global Make Some Noise  
Heathrow Community Trust  
Invesco  
Magdalen Hospital Trust  
Masonic Charitable Foundation  
Mobbs Memorial Trust  
National Lottery Community Fund  
NHS Berkshire East CCG/S4H GEMS  
NHS Berkshire West CCG/Autism Berkshire  
One Slough Community Fund  
Postcode Society Trust  
Reading Borough Council  
Reading Families Forum  
Rimini Street  
Shanly Foundation  
Sovereign Housing  
St James Place Foundation  
St Laurence Relief in Need Fund  
Sunningdale and Ascot Parish Council  
The Alchemy Foundation  
The Ammco Trust  
The Earley Charity  
The Gerald Palmer Eling Trust  
The Good Exchange/Greenham Trust  
The John Sykes Foundation  
The Lewis Baylis Charitable Trust  
The Lexicon Charity  
The Lockett Trust  
The Squire Patton Boggs Charitable Trust  
The Thales Charitable Trust  
The Toy Trust  
Twyford Parish Council  
Urban Science Int Ltd - Community Giving Grant  
Warfield Parish Council  
Wargrave Parish Council  
West Berkshire Council  
Winnersh Parish Council  
Wokingham Borough - Community Diversity Grant  
Woodley Town Council

## Supporters

3CD Cleaning  
Action Coach - Mark Van Rol  
Aims Accountants Andy Eagles  
Ascot Racecourse  
Ascot Round Table  
Asset Plus Mortgages  
Bastion  
Berkshire Heating  
Blackstone Printing  
BNI Ascot members  
Calla Landscapes  
Charlotte Tilbury  
Corbett Carpentry  
Dallas and Co  
Elysee Kitchens and Interiors  
Eton and Windsor Brewery  
F Hinds  
Fat Adams Cocktails and Ice Creams  
Fego Restaurant Ascot  
Fitness Space Ascot  
Forever on Digital (FOD)  
Gp Computers  
Home Care Removals  
It'seeze Windsor  
Jewel Homes  
Jonathan Lea Network  
LB Construction  
Loftbox  
Marvellous Festivals  
MiMi Wokingham  
New Court Solicitors  
Oracle UK  
Papaya Decorating  
Paula Bicknell Wealth  
PK Bookkeeping  
Providence Finance  
R2B Business Solutions  
Richmond Chauffeurs  
Ridley Electrical  
Rishi Rai Photogrpahy  
Silent Pool Gin  
Silveroak Therapies  
Siren Craft Brewery  
SVIVM Specialist Cleaning  
Sweetpea and Pillow Properties  
The Billington Family  
The Mill House Hotel  
The Russell Players  
The Stephens Family  
Travel Counsellors Annabelle Marshall  
Tricord Solutions HR  
Vana Parker Keynote Speaker  
Village Maid Cheese  
Visual Dialogue  
Windsor and Eton Brewery  
Winsor Racecourse  
Thank you also to all our half/marathon runners and  
Superhero Triathlon fundraisers  
Special thanks to our Everest Trek Team and Vana  
Parker for her Jump 50

# Admin

## Behind the scenes

The Admin Team support the charity by maintaining: IT/Cyber security, including associated staff training & NHS compliance; GDPR compliance; PSC database (CharityLog); website; Technical expertise & training/support; Data reporting; Event eligibility; mailing list, and Client support.



## Social media followers



# Staff & Volunteers

We couldn't do it without our wonderful team!

**24**

Members  
of staff

**5**

Trustees

**12**

Volunteers

**7.12**

FTE for  
FY24

## Celebrating 10 years at PSC



Director of Family  
Services, Funding &  
Commissioning Manager  
**Zobia Kalim**



Finance  
Manager  
**Jo Lavelle**



Parenting & Sleep  
Practitioner  
**Helen Cattermole**



Parenting  
Practitioner  
**Denise Challis**

## Advisory Boards

Lived experience has always been central to Parenting Special Children. We are passionate about listening and responding to all voices. PSC have the following advisory boards:

- **Neurodiversity (including Neurodivergent Academics)**
- **Equality & Diversity (including Ethnically Diverse Communities)**
- **Neurodivergent Children & Young People**

# Looking to the future

The need for timely support for families is greater than ever and the complexity of need means that we continue to develop our services to ensure that we offer timely and holistic support to families.

In this coming year, we aim to:

- Develop our work with ethnically diverse community groups – we have already established a support group in Reading with thanks to funding from Reading Borough Council which is well attended
- Embed our new website so that families are able to easily find the information and advice they require to support their children and young people
- Continue to work in partnership with local authorities, health and both local and national charities
- Acknowledge the growing demand for our services amidst funding challenges. We will continue to grow our funding, fundraising and commissioning base to ensure continued sustainability and growth.
- Continue to support families across Berkshire and surrounding area so that they are informed, empowered and have the resources to navigate the SEND system and the whole family grows in confidence and hope.

## A Heartfelt Thank You

To every person on the PSC team, you bring such a wealth of knowledge and experience, lived experience and kindness and compassion.

We also thank all of those who have financially supported PSC and we look forward to continuing this vital work with your support.

To learn more about our work or access our resources, please visit our new website: [www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk).



# Contact Us

## Helpline

This service can support parent/carers in a variety of ways:

A pre-booked telephone consultation

Ring our Helpline

E-mail conversation

We have volunteers who speak different community languages. Please get in touch with us if a parent needs support but does not have English as their first language.



Helpline: 07810 689 679



helpline@parentingspecialchildren.co.uk

## Website & Other Services

[www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)

Trauma & Attachment service:

[tas@parentingspecialchildren.co.uk](mailto:tas@parentingspecialchildren.co.uk)

Commissioning:

[commission@parentingspecialchildren.co.uk](mailto:commission@parentingspecialchildren.co.uk)

All other enquiries:

[admin@parentingspecialchildren.co.uk](mailto:admin@parentingspecialchildren.co.uk)

# Donate

Your donation can transform the lives of children and families in need, offering them support when they need it most. 'Prevention before Crisis'

By donating, you're not just giving money - you're giving hope, strength, and a brighter future to families in need.

**Go to our website [www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk) to find out how to donate, or contact [tess@parentingspecialchildren.co.uk](mailto:tess@parentingspecialchildren.co.uk)**



**Parenting  
Special  
Children**

[www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)  
Helpline: 07810 689 679  
[helpline@parentingspecialchildren.co.uk](mailto:helpline@parentingspecialchildren.co.uk)  
[admin@parentingspecialchildren.co.uk](mailto:admin@parentingspecialchildren.co.uk)

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Registered Company in England Number 07351094